



Follow the instructions below to create your own edible Dragon or Dinosaur Egg!

When you are finished, why not share a picture of your patterned egg creation to our social media page?



You will need...

- Fresh Eggs
- Food Colouring (any colours you like!)
- White Vinegar (optional if you have it in)
- Glass Tumbler (one per egg)
- Tablespoon



Step One

Get an adult to help you boil your egg(s) until cooked right through. Once cooked, take them out of the water and let them cool down. Be careful as the water will be very hot!



Step Two

Once cold enough to touch, tap and roll the egg(s) gently so that the shell is cracked all over but still attached to the egg.



Step Three

Put each egg in a glass and fill with cold water until the egg is covered. You can use zip lock bags or ceramic bowls as alternatives.



Step Four

Add 4 or 5 spoons of white vinegar (or a big squeeze depending on the bottle!) and 4 drops of your chosen colour to each of the eggs. If you don't have vinegar – you can skip that bit, it just helps it set a bit better.

Step Five

Put in the fridge and leave for at least 1 hour to let the dye soak in.

Step Six

Take the egg(s) out of the coloured water, dry off and carefully peel the shell off revealing the cracked pattern! Delicious as a snack!

