



Follow the instructions below to create your own traditional cup 'n' ball toy to play with.

Why not make one each and have a competition to see who can catch the most in a row? We'd love to see you trying them out on our social media page.



You will need...

- Cardboard tube
- Colouring pens
- Scissors
- String (approx 30-40cm)
- Tinfoil
- Sticky tape



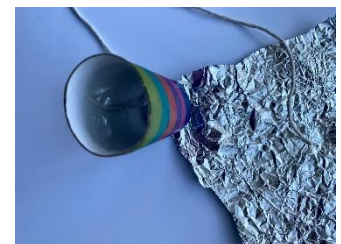
Step One

Decorate your cardboard tube in bright colours. You can paint, draw or stick things to it to get your desired pattern.



Step Two

Using sticky tape, attach one end of the string to the inside of the tube and the other to the centre of the tinfoil.



Step Three

Scrunch up the tinfoil around the string to make a ball. If you don't have tinfoil you can use paper scrunched up with a bit of tape to keep its shape.



Step Four

Pinch the end of the card tube and seal it with sticky tape to create your cup.



Step Five

Now it's time to practice your coordination by trying to get the ball into the cup. Once you have perfected your technique it's time to challenge the grown-ups!

Have fun!